



KGV

sodexo  
at SCHOOL

**MAKE YOUR VOICE HEARD**  
Every voice matters

**GIVE YOUR FEEDBACK TO US**



SCAN THIS QR CODE    SPEAK TO A STAFF MEMBER

**MENU MECHANISM**

- NUTS FREE**: All our meals are Nuts Free
- CAGE FREE**: All our eggs are Cage Free
- MADE IN HONG KONG**: Discover Locally Made products
- HK GROWN LOCALLY**: Savor Low Carbon footprint produce
- 50 FUTURE FOOD**: Ingredients good for Planet & Health

**GO & ENJOY**    All our menus are reviewed by our nutritionists and tailored to the nutritional requirements of specific age groups.

**OK BUT THINK**

**BE CAUTIOUS**    Our **Food Traffic Light** will guide students in making informed meal choices.

**ALLERGEN ALERT & FOOD ICONS**

- ALLERGEN DAIRY
- ALLERGEN EGG
- VEGETARIAN
- VEGAN
- MILD SPICY

*A Healthy and Balanced Diet Every Day!*

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Sodexo Hong Kong Website    Sodexo Instagram

**DISCLAIMER:**

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood. While we take every precaution to minimize cross-contamination within our kitchens, it may arise due to factors beyond our control and could alter the accuracy of allergen information provided.

May 4 – 8

# WEEKLY MENU



04/05 Monday

05/05 Tuesday

06/05 Wednesday

07/05 Thursday

08/05 Friday

**SOCIAL KITCHEN | Monday: 10:30am - 1:30pm (Lunch: 11:30 - 1:30pm); Tuesday to Friday: 10:30am - 2:30pm (Lunch: 11:30am - 2:30pm)**

<b>Meal A</b> \$41 Takeaway \$38 Dine-in 	Chicken Fricassee w/ Pasta 	Sweet & Sour Pork w/ Rice	Pollo alla Cacciatora (Italian Chicken Stew) w/ Rice OR Pasta 	Thai Red Curry Pork w/ Rice OR Pita Bread 	Tori Karaage w/ Cross Trax Fries [\$47]
<b>Meal B</b> \$41 Takeaway \$38 Dine-in	Pork Shogayaki w/ Rice 	Hungarian Beef Goulash w/ Pasta OR Rice 	Braised Beef Brisket w/ Radish, Rice	Braised Chicken w/ King Oyster Mushroom in Oyster Sauce, Rice 	Baked Fish Florentine w/ Pasta OR Rice
<b>Meal C</b> \$38 Takeaway \$35 Dine-in 	(Vegan) Channa Masala w/ Rice OR Pita Bread 	(V) Braised White Gourd w/ Tofu Puff & Black Fungus, Rice 	(Vegan) Mushroom Bourguignon w/ Rice OR Pasta 	(V) Organic Veggie Ratatouille Pasta 	(V) Stir-fried Egg Noodle w/ Assorted Vegetable 

**BOWL | Monday to Friday: Break 10:55am - 11:15am/ Monday Lunch 12:00nn - 1:15pm; Tuesday to Friday Lunch 1:15pm - 2:15pm**

<b>Bowl</b> \$41	Stir-fried Flat Rice Noodle w/ Beef 	Tteok-Bokki 	Japanese Char Siu Ramen (Pre-order Available) 	Pho Thap Cam (Pre-order Available)	Taiwanese Braised Minced Pork & Boiled Egg w/ Rice 
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**LEO'S Café | Monday: 7:00am - 3:00pm; Tuesday to Friday: 7:00am - 4:00pm**

<b>Salad Box</b> \$36 	Smoked Salmon Caesar 	(V) Potato & Apple Salad in Thousand Island Dressing 	Roasted Chicken Nicoise	(V) Japanese Cold U-don in Sesame Dressing 	Thai Beef Salad in Sweet Chili Sauce 
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**PIAZZA PIZZA | Monday: 12:00pm - 1:15pm; Tuesday to Friday: 1:00pm - 2:15pm**

<b>Pizza A</b> \$30 	Ham & Cheese 	Pepperoni & Cheese 	Bacon & Cheese 	Chicken & Mushroom 	Meat Lover 
<b>Pizza B</b> (Vegetarian) \$30 	(V) Trio Cheese 	(V) Marinara 	(V) Margherita 	(V) Trio Cheese 	(V) Marinara 



Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus



May 4 – 8

# WEEKLY MENU



04/05 Monday			05/05 Tuesday			06/05 Wednesday			07/05 Thursday			08/05 Friday			
Nutrition Information (per 100g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)
<b>Meal A</b>	Chicken Fricassee w/ Pasta			Sweet & Sour Pork w/ Rice			Pollo alla Cacciatora (Italian Chicken Stew) w/ Rice OR Pasta			Thai Red Curry Pork w/ Rice OR Pita Bread			Tori Karaage w/ Cross Trax Fries		
	164	8	9	212	12	10	157	8	7	170	5	8	269	10	15
<b>Meal B</b>	Pork Shogayaki w/ Rice			Hungarian Beef Goulash w/ Pasta OR Rice			Braised Beef Brisket w/ Radish, Rice			Braised Chicken w/ King Oyster Mushroom in Oyster Sauce, Rice			Baked Fish Florentine w/ Pasta OR Rice		
	162	10	6	186	11	6	124	10	5	149	11	5	152	12	5
<b>Meal C</b>	(Vegan) Channa Masala w/ Rice OR Pita Bread			(V) Braised White Gourd w/ Tofu Puff & Black Fungus, Rice			(Vegan) Mushroom Bourguignon w/ Rice OR Pasta			(V) Organic Veggie Ratatouille Pasta			(V) Stir-fried Egg Noodle w/ Assorted Vegetable		
	126	3	4	118	4	6	152	3	8	103	3	2	190	5	7
<b>Bowl</b>	Stir-fried Flat Rice Noodle w/ Beef			Tteok-Bokki			Japanese Char Siu Ramen (Pre-order Available)			Pho Thap Cam (Pre-order Available)			Taiwanese Braised Minced Pork & Boiled Egg w/ Rice		
	166	10	8	188	5	9	211	12	12	91	7	2	144	7	7
<b>Salad Box</b>	Smoked Salmon Caesar			(V) Potato & Apple Salad in Thousand Island Dressing			Roasted Chicken Nicoise			(V) Japanese Cold U-don in Sesame Dressing			Thai Beef Salad in Sweet Chili Sauce		
	171	9	12	141	2	13	106	6	3	165	10	5	110	5	5



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